

# TEAMWORK

Creating and leading strong teams are core skills of successful organizations. This learning unit builds on basic communication skills to prepare participants to work in a team setting or enhance existing skills. Course topics include team basics, roles of team members, stages of team development, communication in a team setting, decision making techniques and resolving team conflict.

## FOCUS

This course is to help people succeed in a team environment whether they are new to the role or old hands at working as a team.

## LENGTH

8 Hours

## PERFORMANCE OBJECTIVES

- Identify the fundamental components of effective teams
- Apply practical techniques to improve team dynamics
- Assess self-performance as team members and/or team leaders
- Create an environment conducive to team success

## COURSE MODULES

<b>What it Means to be a Team</b>	Participants explore the key interpersonal dynamics required to be a team, including trust and communication.
<b>Team Effectiveness Model</b>	In this segment, participants explore the four elements of the team effectiveness model and apply key learning to their own team so that at the conclusion of the session they have a concrete action plan to enhance effectiveness.
<b>Team Relationships</b>	This module focuses on how the relationships of individuals influence and impact the strength of the team.